
All participants must also follow General Rules for Participation.

All students advancing to the next round of the competition must complete an Official Online Student Entry Form at pta.org/reflections.

Dance Choreography Description:

A dance choreography entry must be an original choreographed dance recorded on a DVD. The choreography must be the work of one student and must demonstrate creativity and interpretation of the current National PTA Reflections[®] Program theme. The choreographer may be the performer or one of the performers, but does not have to be. Whether an entry uses a variety of techniques or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme. Therefore, it is very important that the student show a clear relation of the dance choreography to the theme. The connection should be made evident through the use of song, props, and the dance itself.

Traditional Dance

The modification of the steps and the interpretation of the dance are considered when judging a traditional dance for creativity and/or originality. An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry that involves traditional cultural or regional dances.

Presentation:

- Entries may not exceed five minutes.
- The dance choreography should directly relate to the theme.
- Submit a DVD of a performance of the dance choreography.
- Use of copyrighted music in dance choreography is **acceptable** when the **title, composer and performer of any music in the submission are cited** on the student entry form.

Recommendations for Quality Recordings:

- Use a tripod to hold the camera still.
- Make sure there is plenty of lighting, especially if shooting indoors.
- Turn off all noise-making devices in the room (air conditioners, fans, telephones, etc.).
- Make sure the background music (if any) is audible on the recording.

Format:

The National PTA Reflections Program accepts most common file formats for entry, including any of the following:

- **Video:** AVI, MOV, MPG, MPEG, WMV, FLV
- **Maximum Upload File Size:** 1GB (one gigabyte)

Missouri PTA Format

The Missouri PTA Reflections Program accepts most common file formats for entry as listed above. Missouri PTA requires a copy of the entry on two DVDs. The DVDs should be labeled with student's name and age division and should be placed in an 8 ½ x 11 envelope with the student's name and age division on the outside of the envelope.

Missouri PTA does not return dance choreography entries so be sure to keep a copy for your records.